

# LINC for Women

Now available for newcomer women in the Greater Toronto Area. This program is open to Permanent Residents and Convention Refugees, aged 18 and older.

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## Language Training | Listening and Speaking | Employment Support

This Language Instruction for Newcomers (LINC) program consists of 30 hours of language training focused on employment for newcomer women at Canadian Language Benchmark (CLB) levels 3 - 4.

**Program details:**

Saturdays | 9 a.m. - 2:30 p.m.

**For more info,  
Call 416.244.9980  
Email: [linctoronto@costi.org](mailto:linctoronto@costi.org)**



**Upcoming cohorts: Jan 10, 2026 | Feb 21, 2026**